Apitherapy for Psoriasis Treatment

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Psoriasis

Psoriasis

a monomorphic rash in papulae,
anemia,
leucocytosis,
increased index of eosinophils and blood-sedimentation,
sleep disorders,
appetite problems,
excess nervousness

Aetiology and pathogenesis

are still not completely understood.

Treatment

even with the use of modern methods,
doesn’t relieve patients from acute symptoms later on.
Complex Approaches in Treating Psoriasis

by beekeeping products and bee stinging

without medical interference

in periods of expected acute symptoms gives an opportunity to achieve

a long remission with skin plaques only.
- Patients had suffered from the disease for 10 to 30 years and more.

- Clinical analysis of blood and urine, a test on the tolerance to bee venom and individual consultations of specialists

- Well-timed beginning of apitherapy treatment, especially before expected aggravation
Treatment

Apitoxinotherapy on biologically active punctums with consideration of energetic meridians

- the lungs meridian – P 5,9;
- the large intestine meridian – Qi 4,10, 11, 15;
- the stomach meridian – E36,41;
- the spleen meridian – RP 4,6;
- the kidneys meridian – R6;
- the urinary bladder meridian – V17,25,26;
- the small intestine meridian - IG -3,6,10;
- the triple burner meridian TR – 5, 14;
- the liver meridian - F 8,13,14;
- the cardiac meridian – C 5,7;
- the pericardium meridian – MC 3,6,7;
- the gall bladder meridian – VB 20, 21;
- the posteriormedian meridian - VQ 4,14,20;
- the anteriormedian meridian – VC 4,9,14,18.

Without medical interference
Food Products Based on Beekeeping Products, Herbal Extracts and Experimental Peloids -based Products

Beekeeping Products

- pollen, beebread, water-based propolis extract,
- royal jelly with honey and propolis, wax moth larvae, bee chitosan.

Why

- have a normalizing effect on the motoric and secretory activities of gastrointestinal tract
- control the lipidic interchange and the state changes of cardiovascular system
- improve appetite, sleep and patients feel better

Without medical interference
Why Relaxation and Music Therapy

State of nervous system influences clinical course and treatment significantly as mental stress results in increase of adrenaline that causes failure in functioning of viscera.

A diet (restriction of salt, spices and carbohydrates consumption)

The diet is prescribed individually according to peculiarities and co-morbid diseases.

*Without medical interference*
Treatment
Externally

Creams and Ointments
containing propolis, bee venom, pine pitch, bee chitosan, wax and honey

Why
natural keratolytic, antiphlogistic, antimicrobial, anti-itching, analgesic, antimycotic dermal regenerating

Without medical interference
Treatment

Balneotherapy

Hydrosulphuric baths, mud applications, physiotherapy and honey-foam baths with a celandine decoction

Honey-Foam Baths with Celandine Decoction

- soothing of skin,
- more effective cleansing of cutaneous covering and psoriatic plaques

Hydrosulphuric baths and irrigation of the scalp.

Without medical interference
Pelotherapy

anti-inflammatory, reparative and anesthetic activities, an antioxidant effect, antidote to poison and toxins
The Results

Before

After
## Status Localis

**Autumn / Spring**

<table>
<thead>
<tr>
<th>Phase</th>
<th>Autumn</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>number</td>
<td>characteristics</td>
</tr>
<tr>
<td>Stationary</td>
<td>10</td>
<td>regress in skin rush after 2-3 days</td>
</tr>
<tr>
<td></td>
<td></td>
<td>within 3-5 days, the colour change of skin tone</td>
</tr>
<tr>
<td>Progressive</td>
<td>15</td>
<td>stationary phase after 5-7 sessions</td>
</tr>
<tr>
<td></td>
<td>15</td>
<td>the ceasing of specific skin rash, exudation and infiltration within 3-5 days.</td>
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</tbody>
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The patients with arthropathy form of psoriasis (8 people) stated reduce of pains in joints after 3 bee stinging sessions.

*Without medical interference*
Aggravation
83% - no aggravation

6 months later

83%
17%
Conclusion

Apireflexotherapy combined with beekeeping products, balneotherapy and relaxation and music therapy shows great effectiveness. Apitherapy in treating psoriasis can become an independent trend. In some cases apitherapy can reduce use of medications or substitute them completely.
THANK YOU!