TREATMENT OF LIVER DISEASES
WITH BEE PRODUCTS AND
MEDICINAL BEE PLANTS

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Introduction

• The liver diseases, especially the chronic ones, are affecting millions of people worldwide. Their classical, allopathic treatment with chemical drugs proves to be, in most of the cases, inefficient. On the other hand, the Apitherapy related literature from all over the world shows that the bee products and the medicinal bee plants are important therapeutically factors that must be used.
Aims of this work

• To prove that the bee products and the medicinal bee plants can improve and even cure most of the liver diseases and their complications.
Methods and materials

- After a detailed and complete diagnostic each patient went through a detox diet and then has received individually chosen (according to the diagnostic) medicinal bee plants (to restore the normal functionality of the internal organs) and bee products (to regenerate the cells). The emotional disturbances that affect mainly the functioning of the gall bladder, the stomach and the intestines have been treated through individualized psychotherapy.
Diagnostic

- The diagnostic was and must always be(!) at all levels of the human being:
  - Material level (various lesions, material changes in the structure of the liver, like liver fibrosis, hepatocytes destruction, etc.);
  - Energo-functional level (assessing the level of liver and gall bladder energy resources and functioning);
  - Psycho-emotional level (finding all possible emotional and/or informational problems that affects the functioning of the liver, like disorders of the nervous and endocrine systems).
What needs a cell to be-happy?
Happy cell = Information, coordination, love

Regeneration

Hygiene

Water

Reproduction

Nutrition

Oxygen

Protection
Non-happy (liver) cell =

Lack or bad information, bad coordination, hate, depression, worries, fear

poor intracellular regeneration of the organels

too many toxins, residues

lack of water, weak kidneys

difficult/with more genetically errors

cellular multiplication

Poor/excessive/incorrect nutrition >>> less energy

lack of oxygen, weak breathing & immune system, skin, mucosas, membranes problems
Tissuele corpului sunt alăturate din diverse tipuri de celule. Toate celulele, cu excepția globulelor roșii, se caracterizează prin producerea, crescerea și creșterea (proliferare), forma celulelor poate fi diferită, condusă de activitatea diferentelor tipuri. Celulele nervoase (neurone) din creier au numeroase preliegiuni prin care pot redacă semnale nervoase venite. În sângele celulele mamelote conțin partidele seminale în mucoase, patru și închișe. Globulele roșii mature transmite prin ambele semnale pe durata timpului, prin mecanismi și transport. Oxiționul difuzoar de sănătate și transport de oxigen necesar de oxigen al celulelor.
Integrative, holistic treatment is always needed
Ficatul, această organelă chimică complectă, este o mai voluținează glandă a corpului.

Privit din față (desenul mare de sus) sau văzut de jos (detaliu mare, de pe pagina următoare) se observă că este format dintr-un lob drept mai mare și un lob stâng mai mic. Fiecare lob este format la rândul lui din mii de lobuli care sunt împărtășiți de rădăcinii ale venele peste acestea se separam în ramuri mai fine.
Treatment plan

• *Step 1:* cleansing of the body at all levels!
  – eliminating/diminishing/neutralizing of non-self toxins (like alcohol) and of metabolical residues, including free radicals.
  – eliminating the “bad” energies from the environment where the patient lives (like excessive electromagnetic fields, TV, mobile phones, etc.);
  – Eliminating the bad, self-destructing thoughts and emotions, like depression, fear, anger, etc.
Treatment plan

• *Step 2*: changing, improving the diet, according to the different needs of each patient
  
  – Use of specific to the needs of the patient of foods that helps the functioning of all body cells, including of the liver, gall bladder, stomach and intestines cells
  
  – It is impossible to heal the liver if the digestive tract continues to be overloaded with bad foods and/or toxins of various sources!

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(Apimondia Congress, Bs As, 23 sept. 2011)
Liver un-friendly diet

- animal fats and proteins, especially the ones coming from red meat and diary products;
- sugar based sweets;
- refined flour based foods (white bread, biscuits, etc.);
- fried foods;
- alcohol, etc.
reduce corpului greutății

LDL REDUS
HDL MARIT

Grăsimile dinsănge - LDL - (low-density lipoprotein cu greutete specifică mică) și HDL (high-density lipoprotein - lipoproteină cu greutate specifică mai mare)

LDL CREȘTIT
HDL MARIT

fumat
alimente bogate în grași

starea de sănătate. Învingerea obezității prin măsuri și alimentația rațională sporește HDL-ul, "cu efect favorabil", iar modul de viață reducătoare sporește proporția LDL-ului, cu efect nefavorabil.
Liver friendly diet

- vegetal fats and proteins, especially the ones coming from beehive products (bee pollen, bee bread);
- honey based sweets;
- non-refined flour or rice based foods;
- boiled foods;
- fruit and vegetable freshly made juices
- wheat germs, etc.

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Treatment plan

• *Step 3*: focus on improving the overall life style of the patient
  – A patient that does not sleep enough (quality and quantity) has almost no chances to recover after a liver disease. The regeneration of the body cells is made mainly during the sleep and/or during relaxation time.
  – Very important here is that the patient diminish all psycho-emotional stresses from his/her life and learns how to sleep/relax better
Treatment plan

• **Step 4**: improving the **functionality** of the body at all levels, especially at the stomach-intestines-gall bladder level
  
  – Use of specific to the needs of the patient **medicinal herbs** (especially of bee herbs) that helps the **functioning** of the gall bladder, stomach and intestines, e.g. correcting a gall bladder hypo or hypertonia, an hyper or hypoacidity gastritis, an atone or hypertone constipation.
  
  – It is impossible to heal the liver if the digestive tract continues to work either excessively, either too slow; if the patient has for example a hypotonic gall bladder or gall bladder stones, the elimination of the bile from the liver will be affected and thus the liver will accumulate slowly but sure many toxins and residues!

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Título: Abeja libando una flor de espliego
Treatment plan

• *Step 5*: focus on the regeneration of the liver cells!

  – here the bee products, especially the bee bread, bee pollen, royal jelly, Apilarnil and honey plays a major role because they offer practically to the liver everything it needs to regenerate.
The liver is similar in many respects with the trees...

- Both their resistance to aggressive factors is usually very good
– Best bee products to regenerate the liver are bee bread, bee pollen, royal jelly, Apilarnil and honey.

They offer practically to the liver everything it needs to regenerate.
Treatment plan

• **Step 6**: focus on the **protection** of the liver cells!
  – here the bee products rich in **poliphenols**, especially **propolis** and **honeydew honey**, but also a **pollen** of various colors, are a “must” in the prevention (prophylaxis) and treatment of liver diseases, because they not only protects the liver against many biological, chemical and physical destructive factors, but also have **pro-active, useful bio-pharmacological properties** (anti-viral, anti-bacterial, anti-mycotic, anti-parasitary, anti-oxydant, anti-inflammatory, etc., etc).

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Treatment plan

• *Step 7*: focus on maintaining of the liver hygiene!
  – The level of toxins and residues in the liver depends not only on the enzymes and many other substances that have a detox effect in the liver, but also on the fluidity and quantity of the blood that comes to the liver (portal vein and hepatic artery). The fluidity of the blood depends on the diet (amount of liquids in the food), but also on the functioning of other organs like the kidney, skin and lungs. A holistic treatment is needed here too

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Life without water is almost impossible
Drink enough water, ideally enriched with useful nutrients and health protecting substances
Treatment plan

• *Step 8*: focus on maintaining of the blood flow, all over the body, including in the liver!
  – Here the most important organs and systems are the heart and all cardiovascular, nervous and endocrine systems;
  – The most important bee product that can stimulate all above systems is bee venom
Treatment plan

- *Step 9*: focus on improving the liver’s nervous system coordination!
  - Here the most important system is the nervous system; there are many patients with structural problems at their vertebral column (in the liver area) that affects the vegetative nervous system coordination of the liver.
  - The most important bee product that can stimulate the regeneration of the vertebral column and of the surrounding muscles, tendons and ligaments is *bee venom* helped by all other bee products, especially of bee pollen (muscle regeneration) and propolis (tendons, ligaments and bones regeneration)

*Apiphytotherapy of Liver Diseases*  
(Apimondia Congress, Bs As, 23 sept. 2011)
Substanța compactă ososă:
- este ținta cel mai dur al corpului uman și neuneoasă compactă, aroșide canale și eviti. 
- Așezarea axiliară care asimila clădirile anterioare, în această compacță se află sisteme de tuburi concentrice externe pe un canal central, numit canalul Havers, rezonanță și duritatea acestor "role" se datorează cristalizării mineralăstratificate în protein de collagen, microscopie. 
- Cavitatea nu a niciodată așează adipozii de coadă osose, osteocite, iar vasculatura generala canalului central, Havers, transportă substanțe nutritive vitale. Suprafața exterioră a osului este învelită cu o cortex osa de reabilitare, protecție și nutritivă (periodontal).
Treatment plan

• *Step 10*: focus on getting/maintaining the achieved good results by using also other natural/alternative/complementary methods like Ayurveda, Acupuncture, Yoga, Taiji quan, Qigong, Shiatsu, etc.

  – all above methods helps the overall functioning and regeneration of the body cells, including of the liver cells.

  – Search in your area for the best specialists and/or study as many as possible books related to these methods
Results

• Over 50% of patients, even the ones in advanced stages of disease, obtained improvements and in several cases were even cured. Only the patients that started the treatment in very advanced stages of their disease did not obtained satisfactory results.
Discussion

• A “liver friendly” diet, a healthy life style together with well selected medicinal bee plants and bee products can not only detox the liver and the rest of the body, but allows and helps the restoring of the normal functions of the liver. This can happen because the bee products and the bee plants from which they originate contains enough active compounds and nutrients to help all cells, tissues, organs and systems of the patient to regenerate and function properly.